



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Morgenstern, Dennis

Total time: 28:10

Number: 12

Speed: 14.91 km/h

Running performance: 4:01 min/km

Course: 7.00 km

Rank in course/Total: 4 (of 66)

Pokallauf

Rank in course/Men: 4 (of 49)

Best time in course: 26:54

Category:

Rank in category: 1(of 6)

Senioren M30 (30-34 Jahre)

Best time in the category: 28:10