



## 32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

### Detailed evaluation

Peter, Jens

Total time: 28:59

Number: 4

Speed: 14.49 km/h

Running performance: 4:08 min/km

Course: 7.00 km

Rank in course/Total: 5 (of 66)

Pokallauf

Rank in course/Men: 5 (of 49)

Best time in course: 26:54

Category:

Rank in category: 1(of 6)

Senioren M50 (50-54 Jahre)

Best time in the category: 28:59