



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Prenzel, Erik

Club: SV Wacher Rohhleberode

Number: 55

Course: 7.00 km

Pokallauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 31:51

Speed: 13.19 km/h

Running performance: 4:33 min/km

Rank in course/Total: 11 (of 66)

Rank in course/Men: 10 (of 49)

Best time in course: 26:54

Rank in category: 2(of 3)

Best time in the category: 30:00