



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Fricke, Stephan

Total time: 33:38

Number: 19

Speed: 12.49 km/h

Running performance: 4:48 min/km

Course: 7.00 km

Rank in course/Total: 20 (of 66)

Pokallauf

Rank in course/Men: 19 (of 49)

Best time in course: 26:54

Category:

Rank in category: 3(of 9)

Senioren M35 (35-39 Jahre)

Best time in the category: 30:15