



## 32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

### Detailed evaluation

**Zimmermann, Maik**

Club: Jazzclub Nordhausen

Number: 50

Course: 7.00 km

Pokallauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 34:37

Speed: 12.13 km/h

Running performance: 4:57 min/km

Rank in course/Total: 23 (of 66)

Rank in course/Men: 22 (of 49)

Best time in course: 26:54

Rank in category: 4(of 6)

Best time in the category: 28:59