



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Richter, Andre

Club: Alpenverein Nordhausen

Number: 59

Course: 7.00 km

Pokallauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 37:05

Speed: 11.33 km/h

Running performance: 5:18 min/km

Rank in course/Total: 33 (of 66)

Rank in course/Men: 30 (of 49)

Best time in course: 26:54

Rank in category: 3(of 5)

Best time in the category: 27:04