



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Zimmermann, Ines

Club: Jazzclub Nordhausen

Number: 49

Course: 7.00 km

Pokallauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 38:19

Speed: 10.96 km/h

Running performance: 5:28 min/km

Rank in course/Total: 38 (of 66)

Rank in course/Women: 6 (of 17)

Best time in course: 30:26

Rank in category: 2(of 2)

Best time in the category: 37:07