



## 32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

### Detailed evaluation

**Gentner, Claudia**

Club: Triathlon Jena e.V

Number: 48

Course: 7.00 km

Pokallauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 40:08

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course/Total: 48 (of 66)

Rank in course/Women: 8 (of 17)

Best time in course: 30:26

Rank in category: 2(of 4)

Best time in the category: 37:52