



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Rieder, Susi

Club: Jahreswechsel R&R 2018

Number: 46

Course: 7.00 km

Pokallauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 40:47

Speed: 10.30 km/h

Running performance: 5:50 min/km

Rank in course/Total: 51 (of 66)

Rank in course/Women: 10 (of 17)

Best time in course: 30:26

Rank in category: 3(of 4)

Best time in the category: 37:52