



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Goerk, Michael

Total time: 41:37

Number: 22

Speed: 10.09 km/h

Running performance: 5:57 min/km

Course: 7.00 km

Rank in course/Total: 56 (of 66)

Pokallauf

Rank in course/Men: 45 (of 49)

Best time in course: 26:54

Category:

Rank in category: 5(of 7)

Senioren M40 (40-44 Jahre)

Best time in the category: 32:12