



## 32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

### Detailed evaluation

Fricke, Christine

Total time: 49:25

Number: 20

Speed: 8.50 km/h

Running performance: 7:04 min/km

Course: 7.00 km

Rank in course/Total: 65 (of 66)

Pokallauf

Rank in course/Women: 17 (of 17)

Best time in course: 30:26

Category:

Rank in category: 3(of 3)

Seniorinnen W35 (35-39 Jahre)

Best time in the category: 36:34