



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Neumann, Holger

Club: Nordhausen

Number: 185

Course: 2.30 km

Schnupperlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 15:27

Speed: 7.77 km/h

Running performance: 6:43 min/km

Rank in course/Total: 46 (of 60)

Rank in course/Men: 23 (of 30)

Best time in course: 10:34

Rank in category: 1(of 1)

Best time in the category: 15:27