



## 32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

### Detailed evaluation

Becker, Jan

Total time: 20:19

Number: 143

Speed: 8.86 km/h

Running performance: 5:13 min/km

Course: 3.90 km

Rank in course/Total: 22 (of 69)

Hobbylauf

Rank in course/Men: 19 (of 41)

Best time in course: 14:15

Category:

Rank in category: 3(of 3)

männliche Jugend U12 (10-11 Jahre)

Best time in the category: 17:06