



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Konschiak, Raphael

Club: Triathlon Nordhausen

Number: 191

Course: 2.30 km

Schnupperlauf

Category:

männliche Jugend U8 (6-7 Jahre)

Total time: 11:02

Speed: 10.88 km/h

Running performance: 4:48 min/km

Rank in course/Total: 7 (of 60)

Rank in course/Men: 3 (of 30)

Best time in course: 10:34

Rank in category: 3(of 9)

Best time in the category: 10:34