



## 32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

### Detailed evaluation

Herda, Marcus

Total time: 20:59

Number: 101

Speed: 8.58 km/h

Running performance: 5:23 min/km

Course: 3.90 km

Rank in course/Total: 28 (of 69)

Hobbylauf

Rank in course/Men: 23 (of 41)

Best time in course: 14:15

Category:

Rank in category: 2(of 4)

Männer (20-29 Jahre)

Best time in the category: 20:38