



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Nebelung, Sophie

Number: 112

Course: 3.90 km

Hobbylauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 21:03

Speed: 11.12 km/h

Running performance: 5:24 min/km

Rank in course/Total: 29 (of 69)

Rank in course/Women: 6 (of 28)

Best time in course: 19:36

Rank in category: 1(of 3)

Best time in the category: 21:03