



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Nebelung, Hannes

Number: 145

Course: 3.90 km

Hobbylauf

Category:

Männer (20-29 Jahre)

Total time: 21:04

Speed: 8.54 km/h

Running performance: 5:24 min/km

Rank in course/Total: 30 (of 69)

Rank in course/Men: 24 (of 41)

Best time in course: 14:15

Rank in category: 3(of 4)

Best time in the category: 20:38