



## 32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

### Detailed evaluation

**Gastel, Petra**

Club: Nordhausen

Number: 86

Course: 3.90 km

Hobbylauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 21:51

Speed: 8.24 km/h

Running performance: 5:36 min/km

Rank in course/Total: 35 (of 69)

Rank in course/Women: 8 (of 28)

Best time in course: 19:36

Rank in category: 1(of 4)

Best time in the category: 21:51