



32. Nordhäuser Silvesterlauf 2018

Nordhausen / 31.12.2018

Detailed evaluation

Köhler, Annett

Club: Nordhausen

Number: 154

Course: 3.90 km

Hobbylauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 22:06

Speed: 8.14 km/h

Running performance: 5:40 min/km

Rank in course/Total: 40 (of 69)

Rank in course/Women: 10 (of 28)

Best time in course: 19:36

Rank in category: 1(of 3)

Best time in the category: 22:06