



30. Ohratalsperrenlauf
Streitberg-Arena Luisenthal / 28.07.2018

Detailed evaluation

Kreuzau, Hans

Club: Sportgruppe Ackermann/Kreuzau
Number: 2

Course: 13.00 km
13 km-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:02:56

Speed: 12.39 km/h
Running performance: 4:50 min/km

Rank in course/Total: 13 (of 42)

Rank in course/Men: 11 (of 38)

Best time in course: 51:36

Rank in category: 5(of 9)

Best time in the category: 51:36