



30. Ohratalsperrenlauf
Streitberg-Arena Luisenthal / 28.07.2018

Detailed evaluation

Birkefeld, Armin

Club: SG Jugendkraft Crawinkel
Number: 32

Course: 13.00 km
13 km-Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:11:56

Speed: 10.84 km/h
Running performance: 5:32 min/km

Rank in course/Total: 22 (of 42)

Rank in course/Men: 20 (of 38)

Best time in course: 51:36

Rank in category: 2(of 5)

Best time in the category: 1:07:32