



30. Ohratalsperrenlauf  
Streitberg-Arena Luisenthal / 28.07.2018

Detailed evaluation

Herrmann, Holger

Club: Witzerroda Devils  
Number: 43

Course: 13.00 km  
13 km-Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:16:02

Speed: 10.26 km/h  
Running performance: 5:51 min/km

Rank in course/Total: 30 (of 42)

Rank in course/Men: 28 (of 38)

Best time in course: 51:36

Rank in category: 5(of 5)

Best time in the category: 1:07:32