



15. Rennsteig-Querung  
National-Naturpark-Region / 01.07.2018

Detailed evaluation

**Rischow, Sabine**

Club: Team ERDINGR Alkoholfrei  
Number: 388

Course: 21.09 km  
Halbmarathon (NordicWalking)

Total time: 3:10:31

Speed: 6.64 km/h

metres in height up: 675  
Course score: 31.13

performance score: 207 Points