



15. Rennsteig-Querung  
National-Naturpark-Region / 01.07.2018

Detailed evaluation

**Seilkopf, Dominik**

Club: Fettbemmenbrigade  
Number: 88

Course: 42.19 km  
Marathon

Category:  
Senioren M45

Total time: 3:52:28

Speed: 10.84 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 6 (of 26)

Rank in course/Men: 6 (of 24)

Best time in course: 3:18:17

Rank in category: 1(of 2)

Best time in the category: 3:52:28