



15. Rennsteig-Querung
National-Naturpark-Region / 01.07.2018

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt
Number: 375

Course: 21.09 km
Halbmarathon (NordicWalking)

Total time: 3:01:58

Speed: 6.92 km/h

metres in height up: 675
Course score: 31.13

performance score: 217 Points