



20. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Erbstromtaler Schmalwaden

Total time: 14:36:58

Number: 108

Speed: 11.49 km/h

Running performance: 5:11 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 86 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 67(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:29:09	5:03	83	23:45	110	23:45	17.60	1:29:09	5:03	83	23:45	110	23:45
Schildwiese	18.58	1:36:30	5:11	105	30:41	140	30:41	36.18	3:05:39	5:07	97	54:26	125	54:26
Neuhaus	13.54	1:08:25	5:03	54	15:54	61	15:54	49.72	4:14:04	5:06	76	1:10:02	95	1:10:02
Masserberg	19.86	1:53:01	5:41	110	36:30	162	36:30	69.58	6:07:05	5:16	87	1:46:21	112	1:46:21
Allzunah	17.89	1:36:45	5:24	92	29:13	122	29:13	87.47	7:43:50	5:18	81	2:13:25	101	2:13:25
Grenzadler	19.96	1:48:28	5:26	117	34:14	170	34:14	107.43	9:32:18	5:19	96	2:43:48	122	2:43:48
Neue Ausspanne	13.68	1:05:00	4:45	38	15:56	43	15:56	121.11	10:37:18	5:15	85	2:59:44	104	2:59:44
Kleiner Inselsber	13.90	1:08:05	4:53	47	18:49	61	18:49	135.01	11:45:23	5:13	74	3:15:03	92	3:15:03
Hohe Sonne	18.94	1:41:23	5:21	91	34:54	136	34:54	153.95	13:26:46	5:14	79	3:48:07	97	3:48:07
Hörschel	15.02	1:10:12	4:40	34	18:19	45	18:19	168.97	14:36:58	5:11	67	4:06:26	86	4:06:26