



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Fläminggoes

Total time: 14:37:33

Number: 166

Speed: 11.55 km/h

Running performance: 5:11 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 87 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 68(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:24:26	4:47	47	19:02	66	19:02	17.60	1:24:26	4:47	47	19:02	66	19:02
Schildwiese	18.58	1:35:46	5:09	96	29:57	130	29:57	36.18	3:00:12	4:58	79	48:59	101	48:59
Neuhaus	13.54	1:00:48	4:29	14	8:17	16	8:17	49.72	4:01:00	4:50	39	56:58	49	56:58
Masserberg	19.86	1:43:54	5:13	79	27:23	108	27:23	69.58	5:44:54	4:57	47	1:24:10	60	1:24:10
Allzunah	17.89	1:17:39	4:20	14	10:07	15	10:07	87.47	7:02:33	4:49	32	1:32:08	42	1:32:08
Grenzadler	19.96	1:58:53	5:57	139	44:39	215	44:39	107.43	9:01:26	5:02	58	2:12:56	74	2:12:56
Neue Ausspanne	13.68	1:11:36	5:14	74	22:32	90	22:32	121.11	10:13:02	5:03	57	2:35:28	73	2:35:28
Kleiner Inselsber	13.90	1:13:08	5:15	76	23:52	95	23:52	135.01	11:26:10	5:04	52	2:55:50	67	2:55:50
Hohe Sonne	18.94	1:48:22	5:43	121	41:53	182	41:53	153.95	13:14:32	5:09	64	3:35:53	81	3:35:53
Hörschel	15.02	1:23:01	5:31	95	31:08	133	31:08	168.97	14:37:33	5:11	68	4:07:01	87	4:07:01