



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

LG Frauenwald

Total time: 14:38:57

Number: 619

Speed: 11.47 km/h

Running performance: 5:12 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 92 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 73(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:32:10	5:14	108	26:46	143	26:46	17.60	1:32:10	5:14	108	26:46	143	26:46
Schildwiese	18.58	1:28:51	4:46	63	23:02	82	23:02	36.18	3:01:01	5:00	82	49:48	105	49:48
Neuhaus	13.54	1:21:36	6:01	124	29:05	174	29:05	49.72	4:22:37	5:16	99	1:18:35	127	1:18:35
Masserberg	19.86	1:56:39	5:52	119	40:08	180	40:08	69.58	6:19:16	5:27	113	1:58:32	142	1:58:32
Allzunah	17.89	1:36:03	5:22	87	28:31	115	28:31	87.47	7:55:19	5:26	104	2:24:54	134	2:24:54
Grenzadler	19.96	1:27:04	4:21	23	12:50	31	12:50	107.43	9:22:23	5:14	83	2:33:53	103	2:33:53
Neue Ausspanne	13.68	1:20:46	5:54	123	31:42	169	31:42	121.11	10:43:09	5:18	91	3:05:35	112	3:05:35
Kleiner Inselsber	13.90	1:08:18	4:54	49	19:02	63	19:02	135.01	11:51:27	5:16	83	3:21:07	102	3:21:07
Hohe Sonne	18.94	1:29:04	4:42	32	22:35	48	22:35	153.95	13:20:31	5:11	74	3:41:52	91	3:41:52
Hörschel	15.02	1:18:26	5:13	74	26:33	100	26:33	168.97	14:38:57	5:12	73	4:08:25	92	4:08:25