



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Arnstadt läuft

Total time: 14:41:04

Number: 128

Speed: 11.44 km/h

Running performance: 5:13 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 95 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 76(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:04	5:07	93	24:40	120	24:40	17.60	1:30:04	5:07	93	24:40	120	24:40
Schildwiese	18.58	1:31:17	4:54	70	25:28	94	25:28	36.18	3:01:21	5:00	83	50:08	106	50:08
Neuhaus	13.54	1:14:28	5:29	87	21:57	109	21:57	49.72	4:15:49	5:08	84	1:11:47	103	1:11:47
Masserberg	19.86	1:32:14	4:38	27	15:43	38	15:43	69.58	5:48:03	5:00	53	1:27:19	67	1:27:19
Allzunah	17.89	1:34:36	5:17	77	27:04	103	27:04	87.47	7:22:39	5:03	58	1:52:14	73	1:52:14
Grenzadler	19.96	1:35:56	4:48	60	21:42	84	21:42	107.43	8:58:35	5:00	52	2:10:05	67	2:10:05
Neue Ausspanne	13.68	1:08:30	5:00	59	19:26	70	19:26	121.11	10:07:05	5:00	48	2:29:31	61	2:29:31
Kleiner Inselsber	13.90	1:06:48	4:48	39	17:32	49	17:32	135.01	11:13:53	4:59	46	2:43:33	58	2:43:33
Hohe Sonne	18.94	2:01:12	6:23	136	54:43	210	54:43	153.95	13:15:05	5:09	65	3:36:26	82	3:36:26
Hörschel	15.02	1:25:59	5:43	108	34:06	158	34:06	168.97	14:41:04	5:12	76	4:10:32	95	4:10:32