



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Einfach laufen lassen ...

Number: 515

Course: 168.97 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 14:38:28

Speed: 11.47 km/h  
Running performance: 5:12 min/km

Rank in course: 89 (of 228)  
Best time in course: 10:30:32

Rank in category: 70(of 145)  
Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:38:44	5:36	128	33:20	172	33:20	17.60	1:38:44	5:36	128	33:20	172	33:20
Schildwiese	18.58	1:38:42	5:18	112	32:53	151	32:53	36.18	3:17:26	5:27	124	1:06:13	167	1:06:13
Neuhaus	13.54	1:16:13	5:37	99	23:42	126	23:42	49.72	4:33:39	5:30	117	1:29:37	151	1:29:37
Masserberg	19.86	1:42:05	5:08	63	25:34	88	25:34	69.58	6:15:44	5:24	104	1:55:00	132	1:55:00
Allzunah	17.89	1:29:40	5:00	52	22:08	70	22:08	87.47	7:45:24	5:19	84	2:14:59	105	2:14:59
Grenzdler	19.96	1:33:52	4:42	50	19:38	70	19:38	107.43	9:19:16	5:12	79	2:30:46	98	2:30:46
Neue Ausspanne	13.68	1:15:20	5:30	91	26:16	117	26:16	121.11	10:34:36	5:14	79	2:57:02	97	2:57:02
Kleiner Inselsber	13.90	1:11:54	5:10	66	22:38	83	22:38	135.01	11:46:30	5:13	77	3:16:10	95	3:16:10
Hohe Sonne	18.94	1:37:45	5:09	76	31:16	108	31:16	153.95	13:24:15	5:13	77	3:45:36	95	3:45:36
Hörschel	15.02	1:14:13	4:56	51	22:20	68	22:20	168.97	14:38:28	5:11	70	4:07:56	89	4:07:56