



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Kenias letzte Reserve

Total time: 14:40:53

Number: 141

Speed: 11.44 km/h

Running performance: 5:13 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 94 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 75(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:29:41	5:05	89	24:17	116	24:17	17.60	1:29:41	5:05	89	24:17	116	24:17
Schildwiese	18.58	1:28:43	4:46	62	22:54	81	22:54	36.18	2:58:24	4:55	70	47:11	89	47:11
Neuhaus	13.54	1:04:12	4:44	24	11:41	27	11:41	49.72	4:02:36	4:52	47	58:34	58	58:34
Masserberg	19.86	1:54:41	5:46	114	38:10	171	38:10	69.58	5:57:17	5:08	72	1:36:33	90	1:36:33
Allzunah	17.89	1:51:18	6:13	131	43:46	195	43:46	87.47	7:48:35	5:21	93	2:18:10	116	2:18:10
Grenzadler	19.96	1:33:12	4:40	43	18:58	62	18:58	107.43	9:21:47	5:13	82	2:33:17	101	2:33:17
Neue Ausspanne	13.68	1:14:31	5:26	88	25:27	113	25:27	121.11	10:36:18	5:15	83	2:58:44	102	2:58:44
Kleiner Inselsber	13.90	1:05:41	4:43	33	16:25	43	16:25	135.01	11:41:59	5:11	71	3:11:39	89	3:11:39
Hohe Sonne	18.94	1:34:51	5:00	61	28:22	88	28:22	153.95	13:16:50	5:10	67	3:38:11	84	3:38:11
Hörschel	15.02	1:24:03	5:35	97	32:10	139	32:10	168.97	14:40:53	5:12	75	4:10:21	94	4:10:21