



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Trefffurter Amazonen

Total time: 15:44:45

Number: 3

Speed: 10.67 km/h

Running performance: 5:35 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 165 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 5(of 13)

Frauenstaffel

Best time in the category: 12:58:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:49:51	6:14	10	25:54	214	44:27	17.60	1:49:51	6:14	10	25:54	229	44:27
Schildwiese	18.58	1:41:28	5:27	7	23:34	169	35:39	36.18	3:31:19	5:50	10	45:45	229	1:20:06
Neuhaus	13.54	1:04:13	4:44	2	0:28	28	11:42	49.72	4:35:32	5:32	4	43:56	229	1:31:30
Masserberg	19.86	1:58:47	5:58	10	21:31	189	42:16	69.58	6:34:19	5:40	5	1:03:15	229	2:13:35
Allzunah	17.89	1:39:41	5:34	4	15:58	136	32:09	87.47	8:14:00	5:38	5	1:19:13	229	2:43:35
Grenzadler	19.96	1:53:48	5:42	8	23:09	198	39:34	107.43	10:07:48	5:39	4	1:41:44	229	3:19:18
Neue Ausspanne	13.68	1:19:31	5:48	11	17:49	162	30:27	121.11	11:27:19	5:40	5	1:59:33	229	3:49:45
Kleiner Inselsber	13.90	1:14:47	5:22	6	18:50	115	25:31	135.01	12:42:06	5:38	5	2:15:26	229	4:11:46
Hohe Sonne	18.94	1:42:19	5:24	7	19:12	145	35:50	153.95	14:24:25	5:36	5	2:34:38	229	4:45:46
Hörschel	15.02	1:20:20	5:20	5	12:32	111	28:27	168.97	15:44:45	5:35	5	2:46:40	165	5:14:13