



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Heyeröder Hainichläufer

Total time: 14:38:40

Number: 129

Speed: 11.47 km/h

Running performance: 5:12 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 90 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 71(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:26:59	4:56	72	21:35	93	21:35	17.60	1:26:59	4:56	72	21:35	94	21:35
Schildwiese	18.58	1:36:41	5:12	106	30:52	142	30:52	36.18	3:03:40	5:04	89	52:27	114	52:27
Neuhaus	13.54	1:11:41	5:17	70	19:10	85	19:10	49.72	4:15:21	5:08	81	1:11:19	100	1:11:19
Masserberg	19.86	1:41:01	5:05	60	24:30	80	24:30	69.58	5:56:22	5:07	69	1:35:38	86	1:35:38
Allzunah	17.89	1:35:09	5:19	80	27:37	108	27:37	87.47	7:31:31	5:09	69	2:01:06	85	2:01:06
Grenzadler	19.96	1:42:45	5:08	93	28:31	132	28:31	107.43	9:14:16	5:09	69	2:25:46	87	2:25:46
Neue Ausspanne	13.68	1:05:24	4:46	44	16:20	49	16:20	121.11	10:19:40	5:06	62	2:42:06	79	2:42:06
Kleiner Inselsber	13.90	1:13:36	5:17	80	24:20	99	24:20	135.01	11:33:16	5:08	62	3:02:56	78	3:02:56
Hohe Sonne	18.94	1:44:11	5:30	105	37:42	156	37:42	153.95	13:17:27	5:10	69	3:38:48	86	3:38:48
Hörschel	15.02	1:21:13	5:24	87	29:20	119	29:20	168.97	14:38:40	5:12	71	4:08:08	90	4:08:08