



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Gü-We Läufer

Number: 136

Course: 168.97 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 14:53:35

Speed: 11.28 km/h
Running performance: 5:17 min/km

Rank in course: 106 (of 228)
Best time in course: 10:30:32

Rank in category: 85(of 145)
Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:32:30	5:15	109	27:06	144	27:06	17.60	1:32:30	5:15	109	27:06	144	27:06
Schildwiese	18.58	1:27:55	4:43	55	22:06	73	22:06	36.18	3:00:25	4:59	80	49:12	102	49:12
Neuhaus	13.54	1:14:55	5:31	90	22:24	115	22:24	49.72	4:15:20	5:08	80	1:11:18	99	1:11:18
Masserberg	19.86	1:52:36	5:40	108	36:05	159	36:05	69.58	6:07:56	5:17	88	1:47:12	113	1:47:12
Allzunah	17.89	1:44:46	5:51	117	37:14	163	37:14	87.47	7:52:42	5:24	100	2:22:17	127	2:22:17
Grenzadler	19.96	1:49:10	5:28	122	34:56	179	34:56	107.43	9:41:52	5:24	104	2:53:22	135	2:53:22
Neue Ausspanne	13.68	1:10:52	5:10	72	21:48	87	21:48	121.11	10:52:44	5:23	103	3:15:10	127	3:15:10
Kleiner Inselsber	13.90	1:08:54	4:57	54	19:38	68	19:38	135.01	12:01:38	5:20	94	3:31:18	114	3:31:18
Hohe Sonne	18.94	1:34:56	5:00	62	28:27	89	28:27	153.95	13:36:34	5:18	92	3:57:55	114	3:57:55
Hörschel	15.02	1:17:01	5:07	66	25:08	90	25:08	168.97	14:53:35	5:17	85	4:23:03	106	4:23:03