



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Wartburg-Sparkasse

Total time: 14:55:16

Number: 115

Speed: 11.26 km/h

Running performance: 5:18 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 109 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 88(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:39:35	5:39	131	34:11	180	34:11	17.60	1:39:35	5:39	131	34:11	180	34:11
Schildwiese	18.58	1:34:33	5:05	90	28:44	122	28:44	36.18	3:14:08	5:21	118	1:02:55	157	1:02:55
Neuhaus	13.54	1:13:52	5:27	84	21:21	104	21:21	49.72	4:28:00	5:23	106	1:23:58	136	1:23:58
Masserberg	19.86	1:47:28	5:24	96	30:57	133	30:57	69.58	6:15:28	5:23	102	1:54:44	130	1:54:44
Allzunah	17.89	1:39:34	5:33	102	32:02	135	32:02	87.47	7:55:02	5:25	103	2:24:37	133	2:24:37
Grenzadler	19.96	1:38:08	4:54	73	23:54	103	23:54	107.43	9:33:10	5:20	99	2:44:40	125	2:44:40
Neue Ausspanne	13.68	1:16:15	5:34	102	27:11	129	27:11	121.11	10:49:25	5:21	98	3:11:51	122	3:11:51
Kleiner Inselsber	13.90	1:13:28	5:17	78	24:12	97	24:12	135.01	12:02:53	5:21	96	3:32:33	116	3:32:33
Hohe Sonne	18.94	1:37:49	5:09	78	31:20	112	31:20	153.95	13:40:42	5:19	93	4:02:03	116	4:02:03
Hörschel	15.02	1:14:34	4:57	54	22:41	72	22:41	168.97	14:55:16	5:17	88	4:24:44	109	4:24:44