



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

nu pagadi

Total time: 15:05:59

Number: 158

Speed: 11.13 km/h

Running performance: 5:22 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 122 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 98(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:23:31	4:44	41	18:07	58	18:07	17.60	1:23:31	4:44	41	18:07	58	18:07
Schildwiese	18.58	1:26:15	4:38	42	20:26	58	20:26	36.18	2:49:46	4:41	34	38:33	48	38:33
Neuhaus	13.54	1:18:22	5:47	115	25:51	151	25:51	49.72	4:08:08	4:59	64	1:04:06	78	1:04:06
Masserberg	19.86	1:53:06	5:41	111	36:35	164	36:35	69.58	6:01:14	5:11	80	1:40:30	102	1:40:30
Allzunah	17.89	1:44:15	5:49	116	36:43	161	36:43	87.47	7:45:29	5:19	85	2:15:04	106	2:15:04
Grenzadler	19.96	1:43:13	5:10	96	28:59	137	28:59	107.43	9:28:42	5:17	91	2:40:12	115	2:40:12
Neue Ausspanne	13.68	1:14:03	5:24	86	24:59	109	24:59	121.11	10:42:45	5:18	90	3:05:11	110	3:05:11
Kleiner Inselsber	13.90	1:14:26	5:21	88	25:10	110	25:10	135.01	11:57:11	5:18	91	3:26:51	111	3:26:51
Hohe Sonne	18.94	1:48:15	5:42	120	41:46	181	41:46	153.95	13:45:26	5:21	98	4:06:47	122	4:06:47
Hörschel	15.02	1:20:33	5:21	83	28:40	113	28:40	168.97	15:05:59	5:21	98	4:35:27	122	4:35:27