



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Oßwald Skikas

Total time: 12:58:05

Number: 5

Speed: 12.95 km/h

Running performance: 4:36 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 19 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 1(of 13)

Frauenstaffel

Best time in the category: 12:58:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Grumbach	17.60	1:27:40	4:58	2	3:43	101	22:16	17.60	1:27:40	4:58	2	3:43	229	22:16	
Schildwiese	18.58	1:17:54	4:11	1	-	23	12:05	36.18	2:45:34	4:34	1	-	229	34:21	
Neuhaus	13.54	1:06:02	4:52	3	2:17	39	13:31	49.72	3:51:36	4:39	1	-	229	47:34	
Masserberg	19.86	1:39:28	5:00	3	2:12	70	22:57	69.58	5:31:04	4:45	1	-	229	1:10:20	
Allzunah	17.89	1:23:43	4:40	1	-	32	16:11	87.47	6:54:47	4:44	1	-	229	1:24:22	
Grenzadler	19.96	1:31:17	4:34	3	0:38	53	17:03	107.43	8:26:04	4:42	1	-	229	1:37:34	
Neue Ausspanne	13.68	1:01:42	4:30	1	-	27	12:38	121.11	9:27:46	4:41	1	-	229	1:50:12	
Kleiner Inselsber	13.90	58:54	4:14	3	2:57	14	9:38	135.01	10:26:40	4:38	1	-	229	1:56:20	
Hohe Sonne	18.94	1:23:07	4:23	1	-	24	16:38	153.95	11:49:47	4:36	1	-	229	2:11:08	
Hörschel	15.02	1:08:18	4:32	3	0:30	32	16:25	168.97	12:58:05	4:36	1	-	19	2:27:33	