



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Saaletalers

Total time: 15:13:12

Number: 200

Speed: 11.04 km/h

Running performance: 5:24 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 125 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 101(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:29:58	5:06	92	24:34	119	24:34	17.60	1:29:58	5:06	92	24:34	119	24:34
Schildwiese	18.58	1:39:39	5:21	115	33:50	155	33:50	36.18	3:09:37	5:14	104	58:24	134	58:24
Neuhaus	13.54	1:11:32	5:16	69	19:01	84	19:01	49.72	4:21:09	5:15	97	1:17:07	124	1:17:07
Masserberg	19.86	1:37:11	4:53	45	20:40	59	20:40	69.58	5:58:20	5:08	74	1:37:36	93	1:37:36
Allzunah	17.89	1:50:14	6:09	127	42:42	186	42:42	87.47	7:48:34	5:21	92	2:18:09	115	2:18:09
Grenzadler	19.96	1:40:14	5:01	84	26:00	117	26:00	107.43	9:28:48	5:17	92	2:40:18	116	2:40:18
Neue Ausspanne	13.68	1:07:14	4:54	54	18:10	63	18:10	121.11	10:36:02	5:15	82	2:58:28	101	2:58:28
Kleiner Inselsber	13.90	1:33:56	6:45	139	44:40	215	44:40	135.01	12:09:58	5:24	102	3:39:38	125	3:39:38
Hohe Sonne	18.94	1:56:20	6:08	129	49:51	200	49:51	153.95	14:06:18	5:29	114	4:27:39	145	4:27:39
Hörschel	15.02	1:06:54	4:27	21	15:01	26	15:01	168.97	15:13:12	5:24	101	4:42:40	125	4:42:40