



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Helios Team Erfurt

Number: 202

Course: 168.97 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 15:12:14

Speed: 11.05 km/h
Running performance: 5:24 min/km

Rank in course: 124 (of 228)

Best time in course: 10:30:32

Rank in category: 100(of 145)

Best time in the category: 10:30:32

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:41:58	5:47	137	36:34	194	36:34	17.60	1:41:58	5:47	137	36:34	194	36:34
Schildwiese	18.58	1:50:57	5:58	137	45:08	210	45:08	36.18	3:32:55	5:53	142	1:21:42	210	1:21:42
Neuhaus	13.54	1:02:33	4:37	18	10:02	20	10:02	49.72	4:35:28	5:32	121	1:31:26	158	1:31:26
Masserberg	19.86	1:54:23	5:45	113	37:52	169	37:52	69.58	6:29:51	5:36	124	2:09:07	166	2:09:07
Allzunah	17.89	1:27:23	4:53	39	19:51	56	19:51	87.47	7:57:14	5:27	105	2:26:49	136	2:26:49
Grenzdler	19.96	1:33:27	4:40	47	19:13	66	19:13	107.43	9:30:41	5:18	94	2:42:11	120	2:42:11
Neue Ausspanne	13.68	1:13:17	5:21	83	24:13	104	24:13	121.11	10:43:58	5:19	92	3:06:24	113	3:06:24
Kleiner Inselsber	13.90	1:06:51	4:48	40	17:35	51	17:35	135.01	11:50:49	5:15	80	3:20:29	99	3:20:29
Hohe Sonne	18.94	1:52:43	5:57	125	46:14	194	46:14	153.95	13:43:32	5:20	95	4:04:53	119	4:04:53
Hörschel	15.02	1:28:42	5:54	123	36:49	176	36:49	168.97	15:12:14	5:23	100	4:41:42	124	4:41:42