



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Sömmerdaer Gipfelstürmerladies

Total time: 16:16:02

Number: 10

Speed: 10.33 km/h

Running performance: 5:47 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 195 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 6(of 13)

Frauenstaffel

Best time in the category: 12:58:05

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total			Pos	Behind	Pos	Behind
	km	Time			min/km	Cat.		Cat.	Total	Total				
Grumbach	17.60	1:53:03	6:25	11	29:06	220	47:39	17.60	1:53:03	6:25	11	29:06	229	47:39
Schildwiese	18.58	1:49:33	5:53	12	31:39	203	43:44	36.18	3:42:36	6:09	11	57:02	229	1:31:23
Neuhaus	13.54	1:31:48	6:46	12	28:03	218	39:17	49.72	5:14:24	6:19	12	1:22:48	229	2:10:22
Masserberg	19.86	1:43:28	5:12	4	6:12	103	26:57	69.58	6:57:52	6:00	10	1:26:48	229	2:37:08
Allzunah	17.89	1:44:06	5:49	7	20:23	159	36:34	87.47	8:41:58	5:58	9	1:47:11	229	3:11:33
Grenzadler	19.96	1:55:35	5:47	9	24:56	203	41:21	107.43	10:37:33	5:56	8	2:11:29	229	3:49:03
Neue Ausspanne	13.68	1:18:55	5:46	9	17:13	158	29:51	121.11	11:56:28	5:54	8	2:28:42	229	4:18:54
Kleiner Inselsber	13.90	1:21:13	5:50	10	25:16	171	31:57	135.01	13:17:41	5:54	8	2:51:01	229	4:47:21
Hohe Sonne	18.94	1:37:23	5:08	4	14:16	107	30:54	153.95	14:55:04	5:48	6	3:05:17	229	5:16:25
Hörschel	15.02	1:20:58	5:23	6	13:10	116	29:05	168.97	16:16:02	5:46	6	3:17:57	196	5:45:30