



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Mühlhäuser Laufcombo

Total time: 15:19:26

Number: 105

Speed: 10.96 km/h

Running performance: 5:26 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 130 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 105(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Grumbach	17.60	1:33:56	5:20	116	28:32	153	28:32	17.60	1:33:56	5:20	116	28:32	153	28:32
Schildwiese	18.58	1:36:14	5:10	102	30:25	137	30:25	36.18	3:10:10	5:15	105	58:57	136	58:57
Neuhaus	13.54	1:13:07	5:24	78	20:36	98	20:36	49.72	4:23:17	5:17	102	1:19:15	130	1:19:15
Masserberg	19.86	2:06:10	6:21	137	49:39	215	49:39	69.58	6:29:27	5:35	122	2:08:43	163	2:08:43
Allzunah	17.89	1:29:48	5:01	53	22:16	71	22:16	87.47	7:59:15	5:28	109	2:28:50	140	2:28:50
Grenzadler	19.96	1:47:07	5:21	113	32:53	164	32:53	107.43	9:46:22	5:27	112	2:57:52	146	2:57:52
Neue Ausspanne	13.68	1:15:34	5:31	94	26:30	121	26:30	121.11	11:01:56	5:27	113	3:24:22	142	3:24:22
Kleiner Inselsber	13.90	1:12:29	5:12	71	23:13	89	23:13	135.01	12:14:25	5:26	106	3:44:05	130	3:44:05
Hohe Sonne	18.94	1:36:01	5:04	69	29:32	97	29:32	153.95	13:50:26	5:23	102	4:11:47	128	4:11:47
Hörschel	15.02	1:29:00	5:55	126	37:07	179	37:07	168.97	15:19:26	5:26	105	4:48:54	130	4:48:54