



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Mühlhäuser Laufmäuse

Total time: 16:27:03

Number: 8

Speed: 10.21 km/h

Running performance: 5:50 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 202 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 8(of 13)

Frauenstaffel

Best time in the category: 12:58:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:26	5:08	3	6:29	124	25:02	17.60	1:30:26	5:08	3	6:29	229	25:02
Schildwiese	18.58	1:37:38	5:15	4	19:44	145	31:49	36.18	3:08:04	5:11	4	22:30	229	56:51
Neuhaus	13.54	1:28:34	6:32	11	24:49	211	36:03	49.72	4:36:38	5:33	5	45:02	229	1:32:36
Masserberg	19.86	1:58:06	5:56	9	20:50	184	41:35	69.58	6:34:44	5:40	6	1:03:40	229	2:14:00
Allzunah	17.89	1:55:25	6:27	13	31:42	211	47:53	87.47	8:30:09	5:49	6	1:35:22	229	2:59:44
Grenzadler	19.96	2:14:07	6:43	13	43:28	227	59:53	107.43	10:44:16	5:59	9	2:18:12	229	3:55:46
Neue Ausspanne	13.68	1:08:17	4:59	4	6:35	69	19:13	121.11	11:52:33	5:53	6	2:24:47	229	4:14:59
Kleiner Inselsber	13.90	1:18:00	5:36	7	22:03	137	28:44	135.01	13:10:33	5:51	6	2:43:53	229	4:40:13
Hohe Sonne	18.94	1:45:07	5:32	9	22:00	164	38:38	153.95	14:55:40	5:49	7	3:05:53	229	5:17:01
Hörschel	15.02	1:31:23	6:05	10	23:35	191	39:30	168.97	16:27:03	5:50	8	3:28:58	203	5:56:31