



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Roter Stern Pfafferode 1

Total time: 15:27:14

Number: 184

Speed: 10.87 km/h

Running performance: 5:29 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 140 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 113(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:22:24	4:40	32	17:00	48	17:00	17.60	1:22:24	4:40	32	17:00	48	17:00
Schildwiese	18.58	1:35:20	5:07	95	29:31	128	29:31	36.18	2:57:44	4:54	67	46:31	85	46:31
Neuhaus	13.54	1:10:13	5:11	63	17:42	76	17:42	49.72	4:07:57	4:59	63	1:03:55	77	1:03:55
Masserberg	19.86	1:58:33	5:58	121	42:02	186	42:02	69.58	6:06:30	5:16	86	1:45:46	111	1:45:46
Allzunah	17.89	1:22:24	4:36	23	14:52	30	14:52	87.47	7:28:54	5:07	67	1:58:29	83	1:58:29
Grenzadler	19.96	1:51:40	5:35	128	37:26	191	37:26	107.43	9:20:34	5:13	81	2:32:04	100	2:32:04
Neue Ausspanne	13.68	1:16:42	5:36	104	27:38	134	27:38	121.11	10:37:16	5:15	84	2:59:42	103	2:59:42
Kleiner Inselsber	13.90	1:13:52	5:18	84	24:36	103	24:36	135.01	11:51:08	5:16	81	3:20:48	100	3:20:48
Hohe Sonne	18.94	1:52:59	5:57	126	46:30	196	46:30	153.95	13:44:07	5:21	96	4:05:28	120	4:05:28
Hörschel	15.02	1:43:07	6:51	143	51:14	220	51:14	168.97	15:27:14	5:29	113	4:56:42	140	4:56:42