



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Osterlauf-Team Heyda

Total time: 15:49:24

Number: 101

Speed: 10.62 km/h

Running performance: 5:37 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 169 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 126(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:20:55	4:35	27	15:31	38	15:31	17.60	1:20:55	4:35	27	15:31	38	15:31
Schildwiese	18.58	1:32:16	4:57	78	26:27	105	26:27	36.18	2:53:11	4:47	46	41:58	62	41:58
Neuhaus	13.54	1:26:04	6:21	135	33:33	199	33:33	49.72	4:19:15	5:12	93	1:15:13	115	1:15:13
Masserberg	19.86	2:14:28	6:46	141	57:57	223	57:57	69.58	6:33:43	5:39	129	2:12:59	181	2:12:59
Allzunah	17.89	1:47:25	6:00	121	39:53	172	39:53	87.47	8:21:08	5:43	134	2:50:43	185	2:50:43
Grenzadler	19.96	1:38:47	4:56	75	24:33	107	24:33	107.43	9:59:55	5:35	128	3:11:25	176	3:11:25
Neue Ausspanne	13.68	1:18:54	5:46	116	29:50	157	29:50	121.11	11:18:49	5:36	127	3:41:15	167	3:41:15
Kleiner Inselsber	13.90	1:13:50	5:18	83	24:34	102	24:34	135.01	12:32:39	5:34	123	4:02:19	163	4:02:19
Hohe Sonne	18.94	1:38:34	5:12	82	32:05	118	32:05	153.95	14:11:13	5:31	117	4:32:34	153	4:32:34
Hörschel	15.02	1:38:11	6:32	141	46:18	212	46:18	168.97	15:49:24	5:37	126	5:18:52	170	5:18:52