



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Sport-Raßbach-Pleißgirls

Total time: 13:06:10

Number: 1

Speed: 12.82 km/h

Running performance: 4:39 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 21 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 2(of 13)

Frauenstaffel

Best time in the category: 12:58:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:23:57	4:46	1	-	60	18:33	17.60	1:23:57	4:46	1	-	229	18:33
Schildwiese	18.58	1:28:03	4:44	3	10:09	74	22:14	36.18	2:52:00	4:45	2	6:26	229	40:47
Neuhaus	13.54	1:03:45	4:42	1	-	26	11:14	49.72	3:55:45	4:44	2	4:09	229	51:43
Masserberg	19.86	1:37:16	4:53	1	-	60	20:45	69.58	5:33:01	4:47	2	1:57	229	1:12:17
Allzunah	17.89	1:23:51	4:41	2	0:08	34	16:19	87.47	6:56:52	4:45	2	2:05	229	1:26:27
Grenzadler	19.96	1:30:39	4:32	1	-	48	16:25	107.43	8:27:31	4:43	2	1:27	229	1:39:01
Neue Ausspanne	13.68	1:06:26	4:51	2	4:44	57	17:22	121.11	9:33:57	4:44	2	6:11	229	1:56:23
Kleiner Inselsber	13.90	55:57	4:01	1	-	7	6:41	135.01	10:29:54	4:39	2	3:14	229	1:59:34
Hohe Sonne	18.94	1:28:25	4:40	2	5:18	44	21:56	153.95	11:58:19	4:39	2	8:32	229	2:19:40
Hörschel	15.02	1:07:51	4:31	2	0:03	31	15:58	168.97	13:06:10	4:39	2	8:05	21	2:35:38