



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

PDV Power Runners

Total time: 15:25:29

Number: 578

Speed: 10.89 km/h

Running performance: 5:29 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 136 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 110(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:19:52	4:32	22	14:28	32	14:28	17.60	1:19:52	4:32	22	14:28	32	14:28
Schildwiese	18.58	1:36:06	5:10	100	30:17	135	30:17	36.18	2:55:58	4:51	56	44:45	73	44:45
Neuhaus	13.54	1:17:01	5:41	103	24:30	133	24:30	49.72	4:12:59	5:05	75	1:08:57	94	1:08:57
Masserberg	19.86	2:01:54	6:08	128	45:23	202	45:23	69.58	6:14:53	5:23	100	1:54:09	128	1:54:09
Allzunah	17.89	1:35:44	5:21	84	28:12	112	28:12	87.47	7:50:37	5:22	97	2:20:12	121	2:20:12
Grenzadler	19.96	1:36:44	4:50	65	22:30	91	22:30	107.43	9:27:21	5:16	89	2:38:51	111	2:38:51
Neue Ausspanne	13.68	1:20:11	5:51	120	31:07	166	31:07	121.11	10:47:32	5:20	96	3:09:58	118	3:09:58
Kleiner Inselsber	13.90	1:34:33	6:48	140	45:17	218	45:17	135.01	12:22:05	5:29	114	3:51:45	141	3:51:45
Hohe Sonne	18.94	1:49:35	5:47	122	43:06	186	43:06	153.95	14:11:40	5:31	118	4:33:01	154	4:33:01
Hörschel	15.02	1:13:49	4:54	46	21:56	63	21:56	168.97	15:25:29	5:28	110	4:54:57	136	4:54:57