



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Runstrenner

Total time: 15:29:36

Number: 182

Speed: 10.84 km/h

Running performance: 5:30 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 145 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 116(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:23:14	4:43	39	17:50	56	17:50	17.60	1:23:14	4:43	39	17:50	56	17:50
Schildwiese	18.58	1:30:17	4:51	67	24:28	91	24:28	36.18	2:53:31	4:47	47	42:18	63	42:18
Neuhaus	13.54	1:24:28	6:14	129	31:57	189	31:57	49.72	4:17:59	5:11	87	1:13:57	108	1:13:57
Masserberg	19.86	1:57:44	5:55	120	41:13	183	41:13	69.58	6:15:43	5:23	103	1:54:59	131	1:54:59
Allzunah	17.89	1:42:23	5:43	111	34:51	150	34:51	87.47	7:58:06	5:27	106	2:27:41	137	2:27:41
Grenzadler	19.96	1:50:14	5:31	125	36:00	186	36:00	107.43	9:48:20	5:28	115	2:59:50	149	2:59:50
Neue Ausspanne	13.68	1:22:56	6:03	132	33:52	183	33:52	121.11	11:11:16	5:32	121	3:33:42	159	3:33:42
Kleiner Inselsber	13.90	1:19:51	5:44	115	30:35	155	30:35	135.01	12:31:07	5:33	121	4:00:47	160	4:00:47
Hohe Sonne	18.94	1:23:48	4:25	17	17:19	29	17:19	153.95	13:54:55	5:25	103	4:16:16	130	4:16:16
Hörschel	15.02	1:34:41	6:18	137	42:48	204	42:48	168.97	15:29:36	5:30	116	4:59:04	145	4:59:04