



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

M&H Rennsteigteam (20x dabei)

Total time: 15:32:31

Number: 167

Speed: 10.81 km/h

Running performance: 5:31 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 152 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 119(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:25:11	4:50	51	19:47	70	19:47	17.60	1:25:11	4:50	51	19:47	70	19:47
Schildwiese	18.58	1:41:00	5:26	119	35:11	163	35:11	36.18	3:06:11	5:08	98	54:58	126	54:58
Neuhaus	13.54	1:15:40	5:35	94	23:09	119	23:09	49.72	4:21:51	5:15	98	1:17:49	125	1:17:49
Masserberg	19.86	1:55:35	5:49	116	39:04	173	39:04	69.58	6:17:26	5:25	108	1:56:42	137	1:56:42
Allzunah	17.89	1:44:03	5:48	114	36:31	158	36:31	87.47	8:01:29	5:30	112	2:31:04	147	2:31:04
Grenzadler	19.96	1:36:23	4:49	63	22:09	89	22:09	107.43	9:37:52	5:22	101	2:49:22	128	2:49:22
Neue Ausspanne	13.68	1:29:10	6:31	142	40:06	209	40:06	121.11	11:07:02	5:30	115	3:29:28	148	3:29:28
Kleiner Inselsber	13.90	1:16:03	5:28	95	26:47	121	26:47	135.01	12:23:05	5:30	115	3:52:45	143	3:52:45
Hohe Sonne	18.94	1:47:56	5:41	119	41:27	180	41:27	153.95	14:11:01	5:31	116	4:32:22	152	4:32:22
Hörschel	15.02	1:21:30	5:25	89	29:37	121	29:37	168.97	15:32:31	5:31	119	5:01:59	152	5:01:59