



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Fit and Run - Wilde Fünfziger

Total time: 15:31:36

Number: 569

Speed: 10.82 km/h

Running performance: 5:31 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 149 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 117(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:24:23	4:47	46	18:59	65	18:59	17.60	1:24:23	4:47	46	18:59	65	18:59
Schildwiese	18.58	1:28:08	4:44	56	22:19	75	22:19	36.18	2:52:31	4:46	41	41:18	57	41:18
Neuhaus	13.54	1:02:39	4:37	19	10:08	21	10:08	49.72	3:55:10	4:43	28	51:08	35	51:08
Masserberg	19.86	2:00:09	6:02	126	43:38	197	43:38	69.58	5:55:19	5:06	68	1:34:35	84	1:34:35
Allzunah	17.89	1:56:14	6:29	138	48:42	214	48:42	87.47	7:51:33	5:23	98	2:21:08	123	2:21:08
Grenzadler	19.96	1:47:04	5:21	112	32:50	163	32:50	107.43	9:38:37	5:23	103	2:50:07	130	2:50:07
Neue Ausspanne	13.68	1:18:14	5:43	113	29:10	152	29:10	121.11	10:56:51	5:25	110	3:19:17	135	3:19:17
Kleiner Inselsber	13.90	1:24:18	6:03	130	35:02	188	35:02	135.01	12:21:09	5:29	113	3:50:49	140	3:50:49
Hohe Sonne	18.94	1:44:03	5:29	103	37:34	154	37:34	153.95	14:05:12	5:29	113	4:26:33	144	4:26:33
Hörschel	15.02	1:26:24	5:45	111	34:31	161	34:31	168.97	15:31:36	5:30	117	5:01:04	149	5:01:04