



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

X-Runners Mix

Total time: 13:18:23

Number: 504

Speed: 12.63 km/h

Running performance: 4:44 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 26 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 6(of 70)

Mixstaffel

Best time in the category: 11:22:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:22:16	4:40	16	12:31	47	16:52	17.60	1:22:16	4:40	16	12:31	229	16:52
Schildwiese	18.58	1:17:44	4:11	6	5:55	21	11:55	36.18	2:40:00	4:25	7	16:51	216	28:47
Neuhaus	13.54	1:04:48	4:47	3	5:46	31	12:17	49.72	3:44:48	4:31	5	21:20	229	40:46
Masserberg	19.86	1:32:58	4:40	12	14:20	39	16:27	69.58	5:17:46	4:34	5	34:06	229	57:02
Allzunah	17.89	1:29:37	5:00	16	18:23	69	22:05	87.47	6:47:23	4:39	5	45:45	229	1:16:58
Grenzdler	19.96	1:30:03	4:30	13	13:58	44	15:49	107.43	8:17:26	4:37	7	58:04	229	1:28:56
Neue Ausspanne	13.68	1:07:02	4:54	6	9:06	60	17:58	121.11	9:24:28	4:39	6	1:07:10	229	1:46:54
Kleiner Inselsber	13.90	1:27:03	6:15	53	30:57	198	37:47	135.01	10:51:31	4:49	7	1:38:07	229	2:21:11
Hohe Sonne	18.94	1:17:03	4:04	5	8:14	11	10:34	153.95	12:08:34	4:43	7	1:46:21	229	2:29:55
Hörschel	15.02	1:09:49	4:38	7	12:24	41	17:56	168.97	13:18:23	4:43	6	1:55:44	26	2:47:51